

# Jaspal Kaur Public School

## Students' Workshop

**Topic: Study and Exam Skills**

**Organizers: Ms. Shubhika Sharma ( Fortis Hospital Gurgaon)**

**Date: 23/9/2022(Friday)**

**Class & Sections: X A,B,C,D**

**Attendance :(Total of all 4 sections) = 160**

**Submitted by: MS. Ritansha Grover**

A counseling session on Study and Exam Skills was organized for the students of class X on Friday, 23<sup>rd</sup> September 2022 in the auditorium.

Resource person Ms. Shubhika Sharma, highlighted the role of time management in both academic and work setting. Learning how to be in control of your time. The workshop aided to put together a daily schedule that works for you. Students learnt how to plan for busy periods at school and work and adapt their schedules accordingly.

